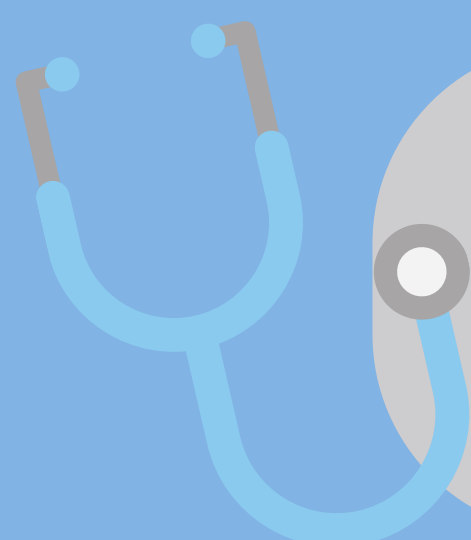
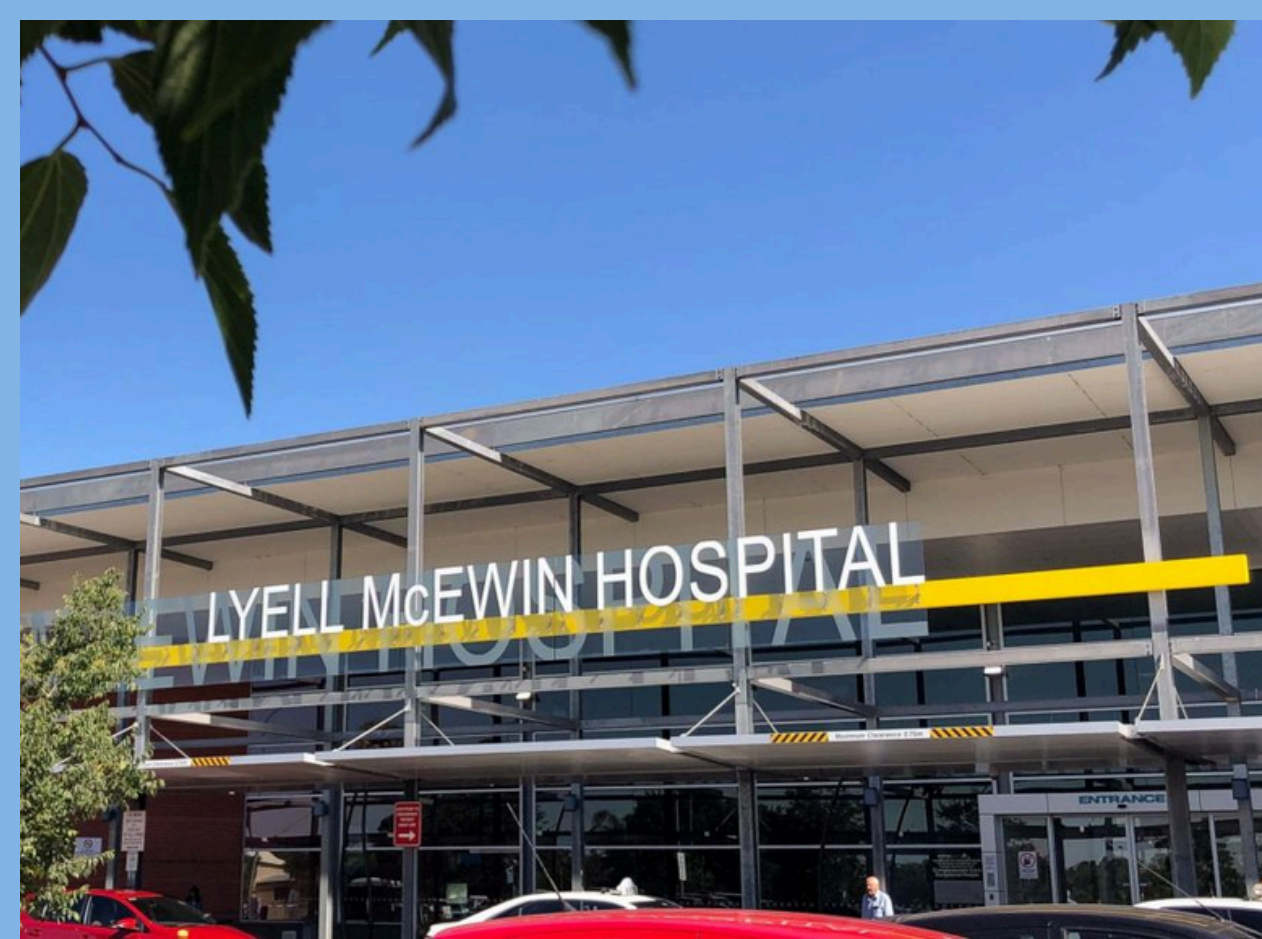




YEAR 3 PLACEMENT GUIDE

HOW TO MAKE THE MOST OUT OF GP AND HOSPITAL?



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AMSS 2025

YEAR 3 PLACEMENT GUIDE

GP PLACEMENT

What does your day look like?

Contact your Practice Manager in the week before to find out your start time and other expectations. You will arrive in Week 1 for your orientation day. Each day will look different depending on your practice, but main activities include:

- Observing consults
- Performing histories, physical exams of minor procedures under supervision
- ISBARs
- Parallel Consulting (some GP sites have extra rooms, you and your student buddy might be able to take histories from patients without the GP present)

Your GP supervisor may ask you to do something outside your scope of practice, it is your responsibility to adhere to the scope of practice and decline.

Other things you can do

- Sit in with allied health
- If you have a pathology lab attached to your GP practice, ask if you can sit in for the day and practice taking blood.
- Home visits with your GP
- Ask to help with flu clinics

Who to go to if you're having issues

In general, the order of people you should contact from first to last is:

- GP Supervisor
- Practice Manager
- GP Coordinator at the University
- Course Coordinator

However, this may change with your specific issue.

Tips

- Take initiative and advocate for yourself. Ask to take histories, do exams, vaccines, etc.
- Your GPs will likely not know what assignments you have and what you need to get done at placement. Let them know as early as possible. They can help you find good patients for your assignment.
- Discuss your logbook and reflections with your GP supervisor, so they can help you tick more things off.
- Every GP placement is different, try not to compare yourself to others.
- Don't be afraid to ask your supervisor to explain things.



YEAR 3 PLACEMENT GUIDE

HOSPITAL PLACEMENT

What does your day look like?

8-9am: Clinical Connection – This is a lecture from a consultant where they go over a physical exam.

9am: Organise your bedside tutorial – Instructions are on Canvas. Or see your mentor!

9am – 4pm: On the wards, with a 1 hour lunch break of course.

4-5pm: Clinical Pearls – This is another lecture from your site coordinator, they will go over useful clinical content (e.g. ECGs, Chest X-Rays)

Main activities on the ward

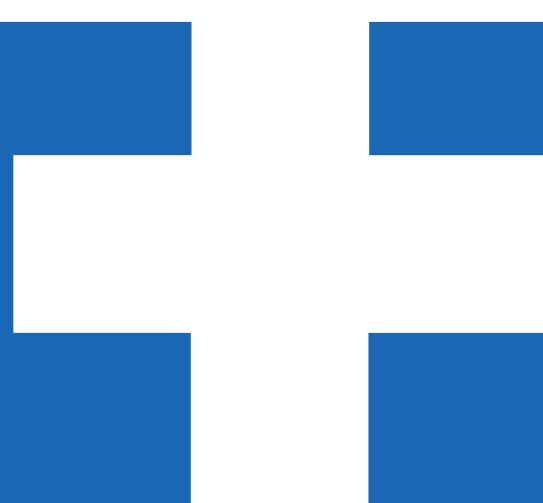
You are not attached to a team in 3rd year, your main goal is to find a patient to talk to and take a history or physical exam from.

How to Find a Patient:

- Older students – they are assigned to a home team and have knowledge of the patients, and which ones are appropriate for third year level.
- Junior doctors – they are usually Adelaide or Flinders graduates and more than happy to help.
- Nursing staff – There are usually nurses at the nursing desks (in the middle of the ward). Introduce yourself and ask which patients would be nice and approachable.

How to Approach a Patient:

- Read the precaution signs on their door
- “Hi there, Mr/Mrs/Miss/Ms X, my name is Y and I am one of the medical students on your ward today. I was wondering if I could have a chat about why you’re here in hospital, along with a physical examination at the end. Would this be OK?” is just one example of an opening statement you could use!
- If the patient declines initially or at any stage, respect their decision and thank them for their time



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Other things you can do on the ward

- Find a phlebotomist and practice taking blood
- If you see a ward round happening, ask if you can join. These happen in big groups, it's best to ask doctors or older year students on the outskirts of the group if you can join, so that you don't disturb the ward round itself.
- Ask doctors/surgeons if you can observe surgeries (from an observation room)
- Go into a clinic and ask to shadow a doctor (e.g. Neuro, Ophthalmology clinics)
- If a nurse/doctor comes over to do a clinical skill (e.g. vaccine, bloods, cannula, wound dressing), ask if you can help.

Tips

- Take initiative, you get out what you put in.
- Bring a notebook to write down things you don't know
- Go into placement with a plan of things you want to get done that day.
- You can practice any exam on any patient (within your scope of practice), even if it's not relevant to that patient or the topic that week.
- Most patients will tell you their diagnosis immediately, the goal of history taking in 3rd year is not always to diagnose, it's to learn more about real world presentations which can be very different from the textbook.
- Spend as much time on the wards as you can, but also take advantage of this time to study if you need to.
- Find patients early for your case write ups, ISBAR assignments and Mini-CEx. Older students and junior doctors can be helpful for finding a good case-writeup patient. Try to use a case that is very complex or super simple.



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HOSPITAL PLACEMENT

Where to find food/coffee

RAH

- We're sure by now you know the local haunts (e.g. TMR, Levant, Peter Rabbit) but if you're looking for something new, there's the food court on level 3 and coffee on level 4 (eastern entrance) and 2 (west side). If you're looking to eat your lunch from home, you can always go to the food court or the staff hub on each level.

Lyell Mac

- There's great coffee at the main entrance and loyalty points are available too. This café also offers food, but for a cheap (normally <\$10), hearty meal, the staff cafeteria downstairs is great! Take the stairs or elevator near the main lecture theatre to get here – don't forget to bring your access card, you'll need it for entry.

QEH

- There is a cafeteria with coffee and food in the QEH next to the main entrance. Also, a 3-minute walk from the QEH towards Port Road, you'll find Your Vietnamese Food (banh mi, pho, etc.), The Pizza Hub and Miyao Sushi.

Who to contact if you need help?

- Hospital site coordinator is always the first point of call - listed on the course contacts on CANVAS
- QEH Coordinator:
 - Dr Cristina Valero (cristina.valero@adelaide.edu.au)
 - Dr Heather Tan (heather.tan@adelaide.edu.au)
- RAH Site Lecturers:
 - Dr Maverick Lee (maverick.lee@adelaide.edu.au)
 - Dr Nicola Cranwell (nicola.cranwell@adelaide.edu.au)
- LMH + Modbury Coordinator:
 - Dr Kate Seagrim (kate.seagrim@adelaide.edu.au)
 - Dr Albert Wu (albert.wu@adelaide.edu.au)
- Next option is the Year 3 Clinical Skills Coordinator (overall): Dr Monica Li (monica.li@adelaide.edu.au) or Dr Jeremy Seow (jeremy.seow@adelaide.edu.au)
- If in doubt contact your year level ed reps

