

TEXTBOOK TALK



Ivana Chim & Stephen Bacchi, EdPrograms 2017

The following resources are grouped by specialty; we typically recommend starting by identifying learning objectives, then using a resource that provides a good structure, followed by a resource providing disease details, then learning Australian specific treatment.

ALL ROTATIONS

Merali & Woodfine 'Toronto Notes'

Summary resource encompassing almost all specialties. Provides good structure to enable systematic approach to large areas.

Pros: Succinct, accessible format

Cons: Canada/US treatments not always in line with Australian practice

MEDICINE

Electronic Therapeutic Guidelines (eTG)

The gold standard for Australian guidelines.

Pros: Provides both first and second line options, some good flowcharts (e.g. 'meningitis')

Cons: Little detail on disease specifics

'Oxford Handbook of Clinical Medicine'

A widely used summary resource for Medicine.

Pros: Easily portable

Cons: Less breadth than Toronto Notes

Kaspar et al. 'Harrison's Principles of Internal Medicine'

Commonly used by physician trainees. Provides more detail than required for medical school.

Pros: Very detailed

Cons: Text heavy

PSYCHIATRY

Diagnostic and Statistical Manual, 5th edn

Authoritative resource defining psychiatric conditions. Online copy via University of Adelaide library online search function.

Pros: Authoritative, well-structured

Cons: No treatment information

Electronic Therapeutic Guidelines (eTG)

Worth reading the psychiatry section from start to finish. There is useful content on treatment that may be missed otherwise (e.g. switching anti-depressants).

SURGERY

eMedici

An online resource predominately written by SA specialists and students.

Pros: Written by individuals who may be closely involved in determining SA practice and, accordingly, assessments

Cons: Discrepancies between cases may be confusing, some cases may be more for interest rather than core knowledge

Devitt et al. 'Clinical Problems in Medicine and Surgery'

Similar to eMedici in textbook format.

Pros: All cases written by specialists

Cons: Not as current as eMedici

MUSCULOSKELETAL

Orthobullets (www.orthobullets.com)

Dot point summaries of orthopedic conditions. Written for doctors.

Pros: Succinct, more clinical information and detailed than 'Orthoinfo'

Cons: Some treatments may differ from South Australian practice

Orthoinfo (orthoinfo.aaos.org/main.cfm)

Patient information website by the American Academy of Orthopedic Surgeons.

Pros: Good breadth of conditions, adequate level of detail on most conditions

Cons: Text heavy, each page starts with the very basics which you don't need to read each time

Solomon, 'Apley's System of Orthopedics and Fractures'

Course recommended orthopedic textbook.

Pros: Good for basic principles that may be assumed knowledge on sites like orthobullets

Cons: Text heavy

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PAEDIATRICS

Royal Children's Hospital Melbourne (RCH) website and phone app

Source of Australian treatment guidelines.

Pros: Free app, Australian guidelines

Cons: Less detail on clinical presentations and underlying mechanisms of diseases than in textbooks

South & Isaacs 'Practical Paediatrics' OR Lissauer 'Illustrated Textbook of Pediatrics'

Very similar textbooks. However, practical paediatrics seems to be the most commonly recommended by students.

Pros: Good depth of discussion on disease details

Cons: Treatment guidelines may not be in accordance with Australian guidelines

Toy et al. 'Case Files Pediatrics'

Practice cases and questions. Indepth coverage of diseases covered, but not enough breadth to cover all core diseases required by the rotation.

OBGYN

Perinatal Practice Guidelines (PPG)

Resource for management of obstetrics.

Pros: SA guidelines, useful flowcharts

Cons: No gynaecology covered, largely assumes you have basic disease knowledge

eMedici

OBGYN content written by course coordinators, consistent with SA guidelines. Updated 2016

Callahan & Caughey 'Blueprints Obstetrics and Gynaecology'

Pros: Provides good overlying structure and basic disease details

Cons: Practice questions

Baker 'Obstetrics by Ten Teachers' OR Monga 'Gynaecology by Ten Teachers'

Commonly used textbooks. Provides good structure and basic disease details.

'Oxford Handbook of Obstetrics and Gynaecology'

Good summary. May not be sufficient alone.

GENERAL ADVICE

These are not comprehensive lists of every resource available. You will likely find different resources varyingly useful depending on your own learning style. Ultimately a combination of resources will inevitably required for each.

Best of luck! Ivana and Stephen